

Being healthy couldn't be simpler

My GeneCode scans for over 1,000 genes to determine potential strong and weak points in your DNA to ensure you're always in control of your own wellbeing.

Benefits of My GeneCode

Easy-to-read report, generated from blood sample, includes preventive and treatment interventions for:

1. Covid-19 Infections

- Vulnerability to Covid and SARS infections
- The severity of Covid and SARS Infections

3. Lifestyle Traits Susceptibility

- Lipids and Carbohydrates Metabolism
 - Vitamins Metabolism
 - Nutrients Metabolism
 - Weight Loss

5. Genetic and Hereditary **Causes of Infertility**

· Screens for genetic conditions that can affect the ability to conceive & how to mitigate the risk of passing it down to your children.

7. Sports Medicine

- Endurance Sports Capabilities
 - Power Sports Capabilities
 - · Trainability Capabilities
 - · Risk of Sports Injuries

2. Common Diseases Risk

- Metabolic Diseases (Diabetes Type 2)
- Cardiovascular Diseases (Heart Attack)
- Degenerative Diseases (Osteoarthritis)

4. Drug's Effectiveness (Pharmacogenetics)

Screens over 300 medications for:

- Effectiveness
- Toxicity and Adverse Reactions

6. Other Genetic & Hereditary Diseases: Carrier Screening

Screens over 10,000 other genetic & hereditary diseases that can affect your health and be passed down to your children. Find out about your risk of cancer (e.g., breast, ovarian, colon), Blood Disorders (e.g., thalassemia, haemophilia, sickle cell), and many others.

8. Mental Health

- Stress Resistance
- Risk of Depression

TMC Fertility and Women's Specialist Centre

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